

Prep Instructions for Colonoscopy (COLYTE)

THE DAY BEFORE YOUR PROCEDURE

• The evening before your procedure, at 4 PM:



- Take 2 Dulcolax and follow with a glass of water.
- Add water and Crystal Light to the Colyte container obtained from your pharmacy. Shake and refrigerate.
- The evening before your procedure, at 5 PM:

Drink an 8-ounce glass of Colyte solution every 15-20 minutes until one-half of the solution is consumed. Drink first half over 2-4 hours.



THE DAY OF YOUR PROCEDURE

(page 2 of 2)

The morning of your procedure, at _____ AM:

Drink an 8-ounce glass of Colyte solution every 15-20 minutes until you **finish the entire container** of solution.



FINISH prep and all clear liquids at least 2 hours before scheduled procedure.

WESTBANK 1151 Barataria Blvd. #4200 Marrero, LA 70072 504-349-6401 UPTOWN

2820 Napoleon Ave., #700 New Orleans, LA 70115 504-896-8670 METAIRIE

3333 Kingman St., #202 Metairie, LA 70006 504-885-3345