

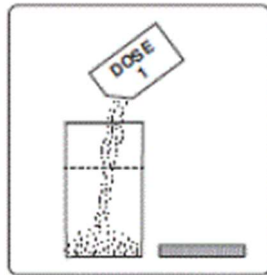


Prep Instructions for Colonoscopy (PLENVU)

THE DAY BEFORE YOUR PROCEDURE

The evening before your procedure, at 5 PM, take Dose 1:

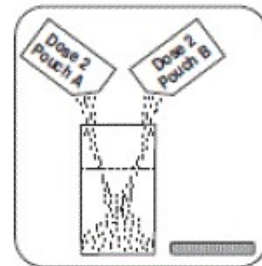
- Use the mixing container to mix the contents of Dose 1 pouch (mango flavor) with at least 16 ounces of water by shaking or using a spoon until completely dissolved. This may take 2-3 mins. Take your time drinking. Slowly finish the dose within 30 minutes.
- Refill the container with at least 16 ounces of clear liquid. Slowly finish all of it within 30 minutes.



THE DAY OF YOUR PROCEDURE

The morning of your procedure, at _____ AM, take Dose 2:

- Use the mixing container to mix the contents of Dose 2 pouch (fruit punch flavor) with at least 16 ounces of water by shaking or using a spoon until completely dissolved. This may take 2-3 mins. Take your time drinking. Slowly finish the dose within 30 minutes.
- Refill the container with at least 16 ounces of clear liquid. Slowly finish all of it within 30 minutes.



FINISH prep and all clear liquids at least 2 hours before scheduled procedure.